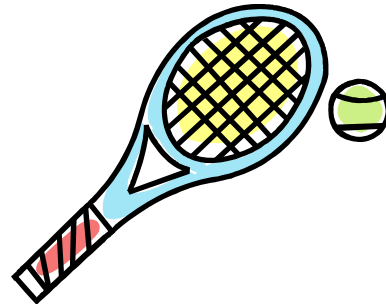


Russell Mill

Member Handbook







All members & their guests are expected to adhere to the rules and guidelines put forth. They are enforced to keep members & their guests safe, comfortable & happy while visiting the club.

We thank you in advance for your cooperation!

Mission Statement

Russell Mill Swim & Tennis Club is committed to enhancing the quality of life for its members by:

-  Ensuring a safe environment for members to learn, compete, or simply enjoy the sports of swimming, diving & tennis.
-  Providing a clean & healthy club for members to build friendships and life memories.
-  Creating a fun atmosphere offering exciting activities for members and their guests.
-  Contributing to the Chelmsford community.



Club Hours

Memorial Day thru the last day of public school

Weekdays ~ 3:00 to 6:00 p.m.

Weekends ~ 12:00 to 6:00 p.m.

Last day of public school thru Labor Day

Monday thru Thursday ~ 12:00 to 8:00 p.m.

Friday ~ 12:00 to 9:00 p.m.

Saturday & Sunday ~ 11:00 a.m. to 8:00 p.m.

- The pool area is unavailable for free swim Monday thru Friday 8:00 a.m. until 12:00. Swim & dive team practices, and swimming & diving lessons are taking place.

Court Hours

Monday thru Friday ~ 8:00 a.m. to close

Saturday & Sunday ~ 11:00 a.m. to close

Please be sure to check for tennis lessons & meet times ~ courts are not available during these scheduled activities.

Members are allowed to request a tennis key & are permitted to use the courts before and after club hours. They are also available for use after the pool closes for the season until the nets are taken down.



ID Badges

ID badges are given out opening weekend to all members who have paid their dues. Members are required to show their badges every time they enter the club. This ensures the best safety for our members.

Guests

The fee for a guest is \$3.00 per guest ~ ages 6 & up. Grandparents are FREE

The same guest is only permitted to visit the club **once within the same week.**

(If there are circumstances where you need an exception to be approved, (i.e. out of town guest) please talk to the Club Manager)

All guests must be signed in & paid for at the front upon entering the club.



Dress Code

Russell Mill is a family oriented club ~ all members & their guests or are expected to dress appropriately. Only bathing suites are allowed when swimming in the pool ~ street clothes or any other attire is prohibited.

If someone is found in violation, per the Club Manager or a Board members discretion, they will be asked to change or leave the club and may return when they dressed appropriately.

Club Rules & Guidelines

There is **NO smoking** past the main entrance gate

There are **NO pets** allowed past the main entrance gate

Only members are allowed to take part in swim, dive & tennis lessons

- No extended family can participate or take someone's place (i.e. nieces, nephews, or cousins); however, we do offer private swim & tennis lessons to non-members. Please see the club Manager if you know someone who is interested.

Parents or babysitters, are responsible for supervising their children. Russell Mill does not supply or take responsibility for supervising behavior or actions outside the pool.

Absolutely.

NO running

NO throwing anything that can hurt someone or cause damage

NO walking on or jumping off the wall in the picnic area

NO firing up grills 30 minute prior to club closing

Tennis Courts

Shirts & shoes are required

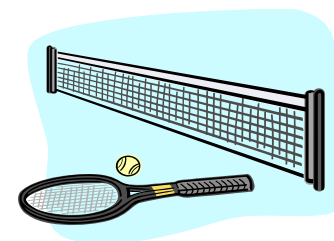
No glass of any kind

No hanging on the nets

Non-marking out soles

Only Employees are allowed in the tennis shed

If courts are occupied, wait in the picnic area until one is available





Pool Area Rules

No glass of any kind beyond the gate entrance

Children over the age of 2 cannot change on the deck or in the pool area ~they must use the bathrooms.

Adult swim is for age 18 and over

Only 1 person is allowed on the diving board at a time

The weight limit on the diving board is 250 lbs. ~ anyone over this weight is prohibited

If lightning is observed , the pool area needs to be evacuated immediately!

Children can use arm floaties, vests & bubbles but, they must have someone age 12 or older with them at all times.

Absolutely:

NO noodles or floating devices in the pool

NO pushing or throwing anyone into the pool

NO deliberate splashing, dunking or pulling people under the water

NO shoulder rides

NO snapping towels

NO hanging on the lane lines

NO swimming under the ropes

NO using the diving blocks during free swim

NO regular diapers ~ swim diapers only

Kiddy Pool

For ages 6 and under ~ ONLY!

Children must have someone age 12 or older with them at all times while in the fenced in area

Keep gate closed at all times

If your child is not potty trained they must wear swim diapers ~ no regular diapers allowed

No walking or jumping off the rim of the pool